

TasteBudz Catering ~ Lunch Menu

2655-L Capital Circle NE, Tallahassee, FL 32308
Phone: 850-309-7348 Fax: 850-309-7349 loveyourfood@tastebudz.net

Hot Entrees

Chicken & Wild Rice Casserole	\$7.00
Chicken Beurre Blanc with Roasted Veggies	\$7.50
Chicken Breast Florentine, Stuffed	\$8.00
Chicken Marsala with Pasta	\$7.50
Chicken Parmesan over Linguine Pasta	\$7.75
Chicken Penne Florentine	\$7.50
Chicken Picatta with Artichokes and Capers	\$7.75
Chicken & Sausage Jambalaya	\$7.75
Chicken, Swiss & Walnut Casserole	\$7.00
Creamy Chicken or Turkey Enchiladas	\$7.75
Caribbean Chicken w/ Black Beans	\$7.50
Baked Fish with Roasted Veggies	\$8.00
Black Beans & Rice (V)	\$6.50
Black Beans & Rice with Chicken or Tofu	\$7.25
Eggplant Parmesan	\$6.50
Flank Steak with Mashed Potatoes	\$8.00
Pasta Primavera with Vegetables	\$7.00
Pork Loin with Potato or Wild Rice	\$8.00
Potato Artichoke au Gratin (V)	\$7.25
Penne Pasta Florentine (V)	\$7.00
Mediterranean Rice & Feta Casserole (V)	\$7.00
Seafood Jambalaya	\$8.00
Shepherd's Pie with Beef	\$7.25
Shepherd's Pie with Tofu (V)	\$7.75
Turkey Tetrazini	\$7.00
Veggie Rice au Gratin (V)	\$6.75
Veggie & Bean Burritos (V)	\$6.50
Chicken Paprikash w/ Pierogies	\$8.00

Our Yummy Lasagnas

❖ Veggie (V)	\$6.50
❖ Meat w/Red Sauce	\$7.00
❖ Mexican Lasagna (V)	\$6.50
❖ Chicken & Pesto	\$7.00
❖ Seafood with White Sauce	\$7.25

Our Fabulous Quiches

❖ 3-Cheese (V)	\$5.00
❖ Veggie & Cheese (V)	\$5.00
❖ Lorraine (Bacon, Swiss & Scallion)	\$6.00
❖ Meat & Cheese (Bacon, Chicken, or Ham)	\$6.00
❖ Seafood & Cheese	\$7.00

Excellent Desserts

Cakes, Cookies, Brownies, Tarts, Pies, & Cheesecakes.
Please see our Dessert Menu for additional selections.

Extras

Paper Goods	\$.75 & up
Serving Utensils	\$1.50

Cold Entrees

Asian Chicken Salad	\$6.75
Hawaiian Chicken Salad	\$7.25
Lentil Walnut Salad (V)	\$6.50
Mediterranean Chicken Salad	\$7.00
Roasted Vegetable Salad (V) with Pine Nuts and Chevre	\$7.25
Smoked Marlin Salad Nicoise	\$8.00
Tabouli & Hummus Combo (V)	\$6.50
Tortellini Pasta Salad (V)	\$6.50
Turkey & Wild Rice Salad	\$7.25
Wild Rice Salad (V)	\$6.50
Caribbean Sweet Potato & Bl.Bean Salad	\$6.75
Thai Noodles with Peanut Sauce (V)	\$6.50
Thai Noodles with Peanut Sauce and Chicken or Tofu	\$7.25
Assorted Sandwich Wraps	\$6.75
Sandwich Tray, Assorted (choice of three) Turkey, Roast Beef, Ham, Chicken Salad or Veggie	\$6.75

Salads and Sides

Black Beans and Rice	\$2.50
Bread	\$.50
Broccoli Peanut Salad	\$2.75
Caesar Salad	\$2.50
Chips	\$.75
Fruit Salad	\$2.50
House Salad with Dressing	\$1.75
Pasta Salad du Jour	\$1.75
Potato Salad, Mayonnaise-based	\$1.50
Spinach Salad (with or without Bacon)	\$2.50
Soup du Jour	\$3.00
Terra Chips	\$1.75
Tortellini Pasta Salad (V)	\$2.75
Veggie Medley	\$1.75
Wild Rice Salad	\$1.75

Beverages

Coffee or Hot Tea	\$.75
Ice Tea, Sweet or Unsweetened, with lemons and sweeteners	\$.75
Ice Tea, Sweet or Unsweetened, per gallon	\$7.00
Hot Cocoa	\$1.50
Juice	\$1.50
Lemonade	\$1.75
Punch, Light and Fruity, per gallon	\$15.00
Soda Assortment	\$1.50
Water, Bottled	\$1.00
Ice, per cooler	\$5.00

Items are priced per person or portion. Please note:
There is a 6-person minimum and a 3-item maximum
for all menu choices. (V) Denotes vegetarian options.
Revised September 31, 2007